

TRANSFORMED

How God Changes Us

TRANSFORMATION REQUIREMENTS

Preparation for 50 DAYS OF TRANSFORMATION Part 1

“And we all, who with unveiled faces contemplate the Lord’s glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.”

— 2 Corinthians 3:18

EPHESIANS 4:11-32 6 Elements God Uses

TRANSFORMATION REQUIREMENTS

1. _____

“Christ gifted some of us to be apostles, prophets, evangelists, pastors, and teachers, so that his people WOULD LEARN to serve and his Body WOULD GROW STRONG.

This will continue until we’re united by our faith and understanding of the Son of God. Then we will be mature, just as Christ is, and we will be completely like him.”

— Ephesians 4:11-13 (CEV)

2. _____

(Jesus) *“Sanctify them by the truth; your word is truth.”*

— John 17:17

3. _____

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”

— Romans 12:2

“For the wisdom of this world is foolishness in God’s sight. As it is written: “He catches the wise in their craftiness”

— 1 Corinthians 3:19

“So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking. ¹⁸ They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts. ¹⁹ Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.”

— Ephesians 4:17-19

“Instead, there must be a spiritual renewal of your thoughts and attitudes.”

— 1 Corinthians 3:19

4. _____

“So get rid of your old self, which made you live as you used to — the old self that was being destroyed by its deceitful desires.”

— Ephesians 4:22

“Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us.”

— Hebrews 12:1

WHY IS GETTING RID OF BAD HABITS SO HARD?

- ◆ **Because** _____
- ◆ **Because** _____
- ◆ **Because** _____
- ◆ **Because** _____

5. _____

*“No more pretense! Tell your neighbor the truth.
In Christ’s Body we’re all connected to each other.
So if you lie to others, you end up lying to yourself.”*

— Ephesians 4:32

*“Be kind and loving to each other, forgiving each other
just as God forgave you in Christ.”*

— Ephesians 4:32

*“Never use harmful words but speak only what’s helpful
for building others up according to their needs,
that it may benefit those who listen.”*

— Ephesians 4:29

SMALL GROUP GROUND RULES

1. **What is said in the group stays in the group!**
2. **Don’t minimize other’s pain.**
3. **Don’t try to “fix” people. Just listen!**
4. **Focus on my own changes.**

6. _____

*“Now, by his mighty power at work within us, God is able
to do far more than we would ever dare to ask or even
dream of – infinitely beyond our highest prayers,
desires, thoughts, or hopes.”*

— Ephesians 3:20 (LB)

*“I can do all things through Christ who empowers me.
I am ready for anything through Him who
infuses inner strength into me!”*

— Philippians 4:13 (Amp)

“According to your faith will it be done to you.”

— Matthew 9:29b

MY NEXT STEP TODAY IS TO...

- **Memorize Ephesians 4:16 this week.**
- **Open my life up to the relational ways God uses to grow me.**
- **Invite 3-5 friends to the Transformed Series (Begins March 19).**
- **Attend the Transformed Connection gathering Sunday, March 12 at 6:00 p.m.**

Memory Verse

*“From him the whole body, joined and held together by
every supporting ligament, grows and builds itself
up in love, as each part does its work.”*

— Ephesians 4:16